

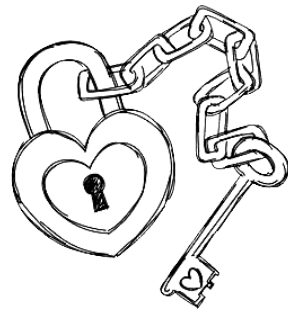
THE **F\*\*\*** WORD  
CHANGES EVERYTHING





# Session 2

JOT DOWN IMPORTANT  
**KEY IDEAS**



# life group



60 mins.

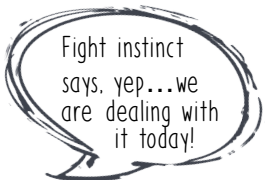
Refer back to **"THE CIRCLE"** on page 8. In what ways are you currently "wrestling" with this person or circumstance?

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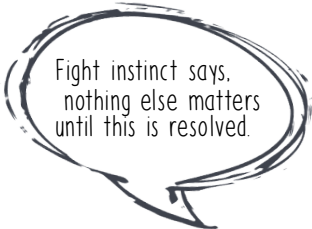
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## 3 WAYS TO IDENTIFY FIGHT REACTION.

- 1 **Confrontational**: You don't back down from an argument. If someone says the grass is green and you think it's chartreuse you're going to let it be known.

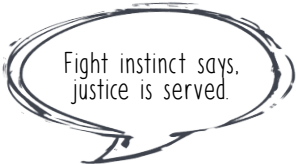


Fight instinct says, yep...we are dealing with it today!



Fight instinct says, nothing else matters until this is resolved.

- 2 **Tunnel Vision**: It's hard to think about anything else until the problem has a resolution. No matter what's happening around you, you can only focus on the problem until it is dealt with.



Fight instinct says, justice is served.

- 3 **Defender**: When you feel someone else is being mistreated, you step in and speak up for them. Even in stressful situations, you're willing to fight the battles of other people.



SHARE WITH YOUR GROUP WHICH OF THE 3 YOU IDENTIFY WITH.

The enemy is a master at choosing the right kind of bait to snag you. Sure, he uses some overarching, one-size-fits-all tactics to disarm God's people in general, but he doesn't use only one type of bait for every person, or even the same type of bait for any one individual over time. No, he carefully considers and calculates your current situation, taking into account your weaknesses and strengths, your interests and tendencies, your history and past abuses, everything. Then, utilizing this available information, he crafts a specific strategy to hook you and reel you in.

Don't believe it? If you look carefully, you'll notice that the battles your enemy wages against you—especially the most acute, consistent ones—possess a personality to them, an intimate knowledge of who you are and the precise pressure points where you can most easily be taken down.

Random accident? Lucky guess? I don't think so. These areas of greatest fear and anxiety in your life are clues to some important spiritual information. They reveal, among other things, that a personalized strategy has been insidiously put in place to destroy your vibrancy and render you defeated. It's been drawn up on the blackboard by someone who knows from experience how best to exploit your areas of vulnerability.



GO BACK TO **"THE CIRCLE"** ON PAGE 8 AND CONSIDER AGAIN, SOME OF THE PEOPLE OR CIRCUMSTANCES YOU LISTED. IN WHAT WAYS, IF ANY, MIGHT THESE ISSUES REVEAL HOW THE ENEMY HAS PERSONALIZED HIS BAIT TO HOOK YOU? HOW DO ONE OR MORE OF THESE PEOPLE OR SITUATIONS PRESS A SPECIFIC **"HOT BUTTON"** FOR YOU? SHARE WITH YOUR GROUP.

Confidence is the key to winning the fight.

Confidence is the feeling or belief that one can rely on someone or something. In other words...

## *Faith is Confidence*

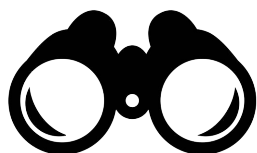
So, what does it mean to apply faith to fight?

*It's putting our confidence in God not in ourselves...* Knowing this, we don't have to carry around the false facade, the pressure of always being capable.

The enemy uses fear to tell us we have to fight every battle ourselves, solve every problem on our own. But when we remember who our CONFIDENCE is in, we no longer have to keep our guard up. When we are confident in God, no matter how massive the situation, or how big our problems are, you don't EVER have to fear them.

Remember Hebrews 11:1

*Faith is confidence in what we hope for and assurance about what we do not see.*





Apply **FAITH** to FIGHT

**FAITH** is CONFIDENCE, knowing that God is there fighting your battles with you. There will be challenges that are too big for you to handle but with God you can overcome them.



## get in the ring

Using your Bible App to look up the verses below. Write down what God is saying to you specifically in each verse..

2 Corinthians 12:9

Hebrews 4:16

1 Corinthians 2:5



SHARE WITH YOUR GROUP WHAT GOD IS SAYING TO YOU ABOUT APPLYING FAITH TO YOUR FIGHT.



# WHITE FLAG OF SURRENDER

WHAT DO YOU WANT TO COMPLETELY SURRENDER TO JESUS RIGHT NOW?  
WRITE IT LOUD AND PROUD ON THE FLAG!